

General Assembly

Committee Bill No. 654

January Session, 2013

LCO No. 3201



Referred to Committee on CHILDREN

Introduced by: (KID)

## AN ACT CREATING A MENTAL HEALTH FIRST AID PROGRAM FOR PARENTS.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

1 Section 1. (NEW) (Effective October 1, 2013) (a) There shall be a 2 mental health first aid program. The program shall be under the 3 direction of the Commissioner of Children and Families. The 4 commissioner shall have the responsibility for implementing the 5 program and setting the parameters thereof. The program shall 6 provide (1) core live or online training courses to any parent or 7 guardian of a school-age child on the skills, resources and knowledge 8 to assist individuals in crisis to connect with appropriate local mental 9 health care services; (2) training on mental health resources, including 10 the location of community mental health centers in the state and local 11 community; (3) training on action plans and protocols for referral to 12 such resources; and (4) within available appropriations, continuing 13 education and updated training for such parent or guardian.

(b) In each fiscal year for which funds are appropriated for purposes
of the mental health first aid program, the Department of Children and
Families shall establish a grant program for the purpose of providing

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funds to entities for the establishment of online or community-based programs for the detection and prevention of emotional and behavioral problems in youths.

- (c) The commissioner shall solicit grant applications from entities which shall be submitted annually to the commissioner at such time and on such forms as the commissioner prescribes. The commissioner shall issue such grants by September fifteenth of each year. In determining if an entity shall be granted funds pursuant to this section, the commissioner shall consider, but such consideration shall not be limited to, the following factors: (1) Availability in the community of professional, paraprofessional and other program staff with background and experience in mental health first aid training; (2) the entity's ability to accommodate the program; (3) demonstration of strong support by administrative personnel, teaching staff, pupil personnel staff and local community mental health centers; and (4) reasonable evidence of future stability of the program and its personnel.
- (d) To be eligible for a grant under subsections (b) and (c) of this section, a mental health first aid training program shall be designed to train any parent or guardian of a school-age child to accomplish each of the following objectives: (1) Safe deescalation of crisis situations; (2) recognition of the signs and symptoms of mental illness, including such common psychiatric conditions as schizophrenia, bipolar disorder, major clinical depression and anxiety disorder; and (3) timely referral to mental health services in the early stages of developing mental disorders in order to (A) avoid more costly subsequent behavioral health care, and (B) enhance the effectiveness of mental health services.
- (e) Any entity receiving a grant under this section shall (1) prepare and submit an evaluation to the commissioner at such time, in such manner and containing such information as the commissioner shall prescribe, including an evaluation of activities carried out with funds

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received under such grant; and (2) prepare an annual report card employing the results-based accountability format developed by the results-based accountability subcommittee of the joint standing committees of the General Assembly having cognizance of matters relating to children and appropriations.

| This act shall sections: | ll take effect as follows | s and shall amend the following |
|--------------------------|---------------------------|---------------------------------|
| Section 1                | October 1, 2013           | New section                     |

## Statement of Purpose:

To develop a mental health first aid program for parents so that parents will be better equipped to identify, understand and respond to signs of mental illness in their children and the community in general.

[Proposed deletions are enclosed in brackets. Proposed additions are indicated by underline, except that when the entire text of a bill or resolution or a section of a bill or resolution is new, it is not underlined.]

Co-Sponsors: REP. WALKER, 93rd Dist.

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